



20. SC Delphin e.V. Triathlon

am 17. Juli 2004

Staffel-Triathlon

500 m / 20 km / 5,0 km

ERGEBNISLISTE / Frauen



Plz	SNr	Name	Vorname	Verein	JG	AK	AKPl	Schwimm	Rad	Lauf	Endzeit
1.	309	Wassenberg	Beate	DLC Aachen	77	HK W	1.	00:08:45	00:41:01	00:21:29	01:11:15
2.	285	Böhmer	Lea	Brander SV	84	HK W	2.	00:10:25	00:42:35	00:22:36	01:15:36
3.	289	Schwarz	Judith	DLC Aachen	79	HK W	3.	00:08:18	00:40:48	00:26:35	01:15:41
4.	271	Binkowski	Astrid	DJK Armada Würselen	67	TW35	1.	00:09:01	00:42:00	00:26:41	01:17:42
5.	260	Schieffer	Sarah	LT Alsdorf-Ost	79	HK W	4.	00:08:24	00:44:34	00:24:59	01:17:57
6.	280	Burkhardt	Claudia	Hennef	53	TW50	1.	00:10:47	00:43:27	00:25:56	01:20:10
7.	313	Ohme	Frauke	DLC Aachen	71	HK W	5.	00:10:07	00:43:49	00:26:22	01:20:18
8.	258	Oppermann	Andrea	Tri-Club Wuppertal	76	HK W	6.	00:10:37	00:44:05	00:26:52	01:21:34
8.	311	Ammenwerth	Imke	DLC Aachen	71	HK W	7.	00:10:25	00:46:17	00:24:52	01:21:34
10.	263	Grupe	Maja	Nideggen	74	HK W	8.	00:10:39	00:44:32	00:26:39	01:21:50
11.	262	Faupel	Katrin	Aachen	76	HK W	9.	00:11:06	00:45:06	00:26:52	01:23:04
12.	288	Napoli	Stephanie	Aachen/USA	71	HK W	10.	00:10:45	00:50:28	00:22:00	01:23:13
13.	314	Kadri	Susanne	DLC Aachen	65	TW35	2.	00:10:22	00:45:08	00:28:21	01:23:51
14.	253	Gommans	Andrea	Nettetal	75	HK W	11.	00:08:39	00:46:58	00:29:19	01:24:56
15.	268	Eicker	Barbara	RC Musketier Wuppertal	66	TW35	3.	00:12:02	00:44:05	00:29:04	01:25:11
16.	259	Geers	Bianka	Baesweiler	71	HK W	12.	00:09:11	00:47:03	00:29:24	01:25:38
17.	316	Kutzborsky	Ute	DLC Aachen	66	TW35	4.	00:10:28	00:46:19	00:28:58	01:25:45
17.	254	Ryßel	Ramona	Nettetal	75	HK W	13.	00:11:28	00:45:57	00:28:20	01:25:45
19.	256	Esser	Silvia	Stolberg	81	HK W	14.	00:09:13	00:48:30	00:28:49	01:26:32
20.	291	Fels	Janina	DLC Aachen	77	HK W	15.	00:10:10	00:44:59	00:31:34	01:26:43
21.	274	Burk	Stefanie	Team Schnuckelchen	64	TW40	1.	00:10:01	00:46:42	00:30:08	01:26:51
22.	257	Fuchs	Sandra	Mönchengladbach	70	HK W	16.	00:12:39	00:46:12	00:28:03	01:26:54
23.	272	Götz	Heike	SW Düren 99	66	TW35	5.	00:12:13	00:50:09	00:29:11	01:31:33
24.	277	Rugor	Bettina	Aachen	59	TW45	1.	00:10:11	00:50:19	00:31:37	01:32:07
25.	286	Spruston	Kerri	Aachen/Canada	75	HK W	17.	00:11:43	00:50:20	00:30:11	01:32:14
26.	317	Loeber	Katharina	DLC Aachen	79	HK W	18.	00:12:14	00:46:31	00:34:14	01:32:59
27.	279	Biergans	Ingeborg	Birkesdorfer TV	51	TW50	2.	00:14:19	00:51:02	00:28:42	01:34:03
28.	287	Leesment	Krista	Aachen/Canada	75	HK W	19.	00:09:06	00:53:17	00:31:51	01:34:14
29.	275	Imbert	Marlis	Jülich	64	TW40	2.	00:12:42	00:50:09	00:35:06	01:37:57
30.	264	Bock	Christa	Lauftreff Petershagen	57	TW45	2.	00:14:43	00:52:21	00:33:08	01:40:12

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31.	281	Rehfisch	Helene	Germania Dürwiss	51	TW50	3.	00:12:43	00:52:34	00:35:09	01:40:26
32.	273	Furmanski	Beatrix	Alsdorf	63	TW40	3.	00:14:05	00:54:13	00:32:23	01:40:41
33.	276	Kurig	Ute	Herzogenrath	61	TW40	4.	00:12:24	00:51:54	00:36:55	01:41:13
34.	255	Herten	Petra	Alsdorf	71	HK W	20.	00:12:17	00:56:01	00:33:33	01:41:51
35.	283	Plebs	Uschi	Eschweiler	47	TW55	1.	00:14:35	00:53:27	00:34:47	01:42:49
36.	284	Winkel-Katzek	Karin	TS Frechen	42	TW60	1.	00:15:03	00:55:17	00:35:06	01:45:26
37.	278	Bünten-Wolkenar	Roswitha	Eschweiler	55	TW45	3.	00:17:41	00:59:26	00:38:09	01:55:16