



# 20. SC Delphin e.V. Triathlon

am 17. Juli 2004

Staffel-Triathlon

500 m / 20 km / 5,0 km

## ERGEBNISLISTE / Männer



Plz	SNr	Name	Vorname	Verein	JG	AK	AKPl	Schwimm	Rad	Lauf	Endzeit
1.	307	Winnemöller	Tobias	DLC Aachen	79	HK M	1.	00:07:47	00:34:44	00:18:57	01:01:28
2.	385	Tober	Markus	DJK Armada Würselen	63	TM40	1.	00:07:57	00:34:47	00:19:40	01:02:24
3.	306	Spiegel	Holger	DLC Aachen	72	HK M	2.	00:07:46	00:36:00	00:20:02	01:03:48
4.	293	Hecke	Ralf	DLC Aachen	69	TM35	1.	00:08:15	00:35:52	00:20:33	01:04:40
5.	297	Zander	Ingo	DLC Aachen	77	HK M	3.	00:08:34	00:36:57	00:20:14	01:05:45
6.	360	Kochs	Achim	SC Delphin Eschweiler	69	TM35	2.	00:08:00	00:37:15	00:20:52	01:06:07
7.	315	Günster	Andreas	DLC Aachen	63	TM40	2.	00:08:39	00:36:18	00:21:22	01:06:19
8.	339	Schiffer	Frank	SV Willich Tri-Team	70	HK M	4.	00:08:07	00:37:47	00:21:06	01:07:00
9.	342	Thele	Marc	DJK Armada Würselen	75	HK M	5.	00:07:56	00:36:47	00:22:28	01:07:11
10.	355	Kasack	Daniel	TV Ruppichterath	81	HK M	6.	00:09:24	00:37:04	00:21:10	01:07:38
11.	457	Borchert	Wolfgang	MC Eschweiler	63	TM40	3.	00:08:55	00:38:12	00:20:37	01:07:44
12.	308	Stormanns	Uli	DLC Aachen	81	HK M	7.	00:07:39	00:36:52	00:23:29	01:08:00
13.	302	Vorwerk	Marc	DLC Aachen	70	HK M	8.	00:08:05	00:36:49	00:23:21	01:08:15
14.	295	Kuypers	Dirk	DLC Aachen	69	TM35	3.	00:10:14	00:38:15	00:20:54	01:09:23
15.	326	Gatzen	Harald	TVE Greven 1898	75	HK M	9.	00:07:50	00:40:26	00:21:16	01:09:32
16.	354	Hollmann	Patrick	LT Uni Köln	71	HK M	10.	00:09:47	00:37:43	00:22:36	01:10:06
17.	332	Oexmann	Matthias	TSVE Bielefeld	75	HK M	11.	00:09:10	00:39:11	00:21:50	01:10:11
18.	369	Frisch	Markus	Köln	68	TM35	4.	00:09:13	00:37:58	00:23:13	01:10:24
19.	371	Großnick	Andreas	SC 1920 Myhl	65	TM35	5.	00:10:13	00:39:36	00:20:36	01:10:25
20.	305	Fuessl	Frank	DLC Aachen	67	TM35	6.	00:08:27	00:39:59	00:22:00	01:10:26
21.	416	Blehs	Georg	PSV Brühl	54	TM50	1.	00:08:49	00:38:52	00:22:49	01:10:30
22.	439	Bandmann	Uwe	SV Kupferdreh	67	TM35	7.	00:09:25	00:37:52	00:23:16	01:10:33
23.	303	Weidemann	Meik	DLC Aachen	75	HK M	12.	00:08:39	00:38:46	00:24:09	01:11:34
24.	437	Mattarei	Michael	PSV Brühl	69	TM35	8.	00:08:17	00:39:39	00:23:47	01:11:43
25.	337	Bachem	Harry	TV Roetgen	72	HK M	13.	00:00:00	00:49:50	00:22:03	01:11:53
26.	349	Pütz	Stephan	Inden	76	HK M	14.	00:10:21	00:40:40	00:20:59	01:12:00
27.	290	Spennes	Ralf	DLC Aachen	71	HK M	15.	00:09:52	00:39:53	00:22:22	01:12:07
28.	312	Klinkenberg	Christof	DLC Aachen	65	TM35	9.	00:07:45	00:41:22	00:23:08	01:12:15
29.	453	Cordioli	Oliver	TK Grevenbroich	67	TM35	10.	00:09:28	00:39:58	00:23:26	01:12:52
30.	299	Gusinde	Frank	DLC Aachen	77	HK M	16.	00:07:59	00:39:42	00:25:18	01:12:59

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## ERGEBNISLISTE / Männer



31.	356	Biege	Julien	SW Düren 99	84	HK M	17.	00:07:48	00:40:20	00:25:12	01:13:20
32.	328	Méro	Thorsten	TV Konzen	73	HK M	18.	00:10:52	00:39:19	00:23:11	01:13:22
33.	292	Siidra	Georg	DLC Aachen	67	TM35	11.	00:08:12	00:36:49	00:28:23	01:13:24
33.	380	Frauenrath	Ralf	Armada Würselen	63	TM40	4.	00:09:04	00:39:30	00:24:50	01:13:24
33.	298	Bastian	Robert	DLC Aachen	80	HK M	19.	00:08:14	00:36:30	00:28:40	01:13:24
36.	406	Kielblock	Walter	DJK Armada Würselen	53	TM50	2.	00:08:16	00:38:58	00:26:14	01:13:28
37.	391	Petter	Raimond	MC Eschweiler	60	TM40	5.	00:10:45	00:38:42	00:24:07	01:13:34
38.	334	Kahnert	Patrick	Germania 07 Dürwiss	79	HK M	20.	00:10:09	00:41:52	00:21:51	01:13:52
39.	340	Strobl	Thomas	Alsdorf	76	HK M	21.	00:00:00	00:50:43	00:23:13	01:13:56
40.	330	Spieker	Mike	Tri Power Aegidienberg	70	HK M	22.	00:08:24	00:00:00	01:05:48	01:14:12
41.	428	Melzer	Manfred	DLRG Plettenberg	47	TM55	1.	00:10:19	00:41:06	00:23:03	01:14:28
42.	445	Duffhauß	Uli	ATG-Aachen	63	TM40	6.	00:09:23	00:41:03	00:24:05	01:14:31
43.	300	Wieder	Philipp	DLC Aachen	71	HK M	23.	00:10:28	00:40:14	00:23:52	01:14:34
44.	343	Handschuh	Andre	LT Alsdorf-Ost	80	HK M	24.	00:11:42	00:40:40	00:22:21	01:14:43
45.	386	Feilen	Heinz	Alsdorf	62	TM40	7.	00:09:28	00:41:30	00:23:46	01:14:44
46.	351	Meyer	Sebastian	Aachen	79	HK M	25.	00:08:16	00:40:37	00:26:02	01:14:55
47.	208	Keuters	Patrick	ASV	83	HK M	26.	00:08:55	00:41:24	00:24:56	01:15:15
48.	395	Rott	Carsten	SV Willich Tri-team	68	TM35	12.	00:09:34	00:41:22	00:24:35	01:15:31
49.	353	Fischernich	Albert	DJK LC Vettweiss	77	HK M	27.	00:09:40	00:40:39	00:25:44	01:16:03
50.	366	Petrow	Uwe	Gangelt	60	TM40	8.	00:10:11	00:39:44	00:27:06	01:17:01
51.	333	Stobrawe	Markus	Aachen	70	HK M	28.	00:10:19	00:43:44	00:23:07	01:17:10
52.	358	Nobis	Christoph	SW Düren 99	84	HK M	29.	00:08:38	00:40:49	00:27:48	01:17:15
53.	350	Trautmann	Andreas	Funtriatoren Aachen	62	TM40	9.	00:12:23	00:40:59	00:23:54	01:17:16
54.	405	Loeber	Jochem	Armada Würselen	48	TM55	2.	00:09:37	00:42:28	00:25:12	01:17:17
55.	301	Thiele	Frank	DLC Aachen	71	HK M	30.	00:10:02	00:43:03	00:24:14	01:17:19
56.	352	Linke	Tobias	Aachen	80	HK M	31.	00:10:52	00:41:36	00:25:02	01:17:30
57.	370	Koglin	Daniel	JWSV	67	TM35	13.	00:07:56	00:43:16	00:26:46	01:17:58
58.	462	Korst	Thomas	AIXRUN	69	TM35	14.	00:11:25	00:40:36	00:25:58	01:17:59
59.	440	Theile	Horst	BSG Team Cognex	65	TM35	15.	00:12:35	00:40:14	00:25:19	01:18:08
60.	392	Bierfeld	Franz-Josef	MC Eschweiler	55	TM45	1.	00:10:39	00:41:49	00:25:52	01:18:20
61.	463	Dr. Borck	Florian	Kreuzau	60	TM40	10.	00:08:46	00:44:37	00:25:23	01:18:46



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62.	460	Meyer	Hans-Leo	DJK Gillrath	63	TM40	11.	00:11:13	00:41:59	00:25:44	01:18:56
63.	400	Dörre	Fritz	IoV Würselen	50	TM50	3.	00:10:57	00:42:23	00:25:48	01:19:08
63.	324	Odendahl	Ulrich	LC Aixtreme Aachen	58	TM45	2.	00:11:20	00:43:24	00:24:24	01:19:08
65.	396	Kuhlen	Reiner	Duisburg	67	TM35	16.	00:09:06	00:42:19	00:27:47	01:19:12
66.	464	Lausberg	Dieter	SC Wegberg Radsport	57	TM45	3.	00:12:00	00:40:40	00:26:37	01:19:17
67.	417	Willms	Joachim	Eschweiler	56	TM45	4.	00:10:06	00:41:50	00:27:24	01:19:20
68.	341	Kühn	Tobias	Aachen	73	HK M	32.	00:10:50	00:44:03	00:24:29	01:19:22
69.	378	Dahmen	Rolf	FC Preussen Hastenrath	67	TM35	17.	00:10:18	00:44:22	00:25:07	01:19:47
70.	327	Jaquorie	Chrit	Eschweiler	74	HK M	33.	00:10:23	00:41:12	00:28:24	01:19:59
71.	296	Kemper	Andreas	DLC Aachen	00	HK M	34.	00:13:15	00:41:23	00:25:23	01:20:01
72.	383	Mies	Peter	TG Bremsklotz	65	TM35	18.	00:11:55	00:43:31	00:25:18	01:20:44
73.	452	Stawinoga	Markus	Fun-Triators Aachen	62	TM40	12.	00:10:58	00:44:49	00:24:58	01:20:45
74.	451	Emmerich	Albrecht	TV Roetgen	68	TM35	19.	00:10:02	00:43:44	00:27:05	01:20:51
75.	449	Harms	Armin	SSF Bonn	61	TM40	13.	00:10:11	00:42:09	00:28:49	01:21:09
76.	422	Schüller	Harald	Aachen	59	TM45	5.	00:10:16	00:42:59	00:28:00	01:21:15
77.	382	Thevis	Wilhelm	Team Schnuckelchen	63	TM40	14.	00:10:15	00:42:19	00:28:57	01:21:31
78.	368	Müller	Thorsten	Stolberg Schwimmverein	65	TM35	20.	00:09:17	00:44:30	00:27:55	01:21:42
79.	394	Falter	Thomas	MC Eschweiler	60	TM40	15.	00:10:11	00:43:30	00:28:03	01:21:44
80.	348	Beermann	Markus	Aachen	74	HK M	35.	00:11:25	00:44:41	00:25:45	01:21:51
81.	320	Pacholke	Frank	Niederkassel	41	TM60	1.	00:13:20	00:41:22	00:27:10	01:21:52
82.	421	Kreutz	Hanns	Stolberg	56	TM45	6.	00:11:20	00:43:57	00:26:37	01:21:54
83.	419	Lamour	Ludger	Eschweiler	51	TM50	4.	00:11:35	00:41:27	00:28:57	01:21:59
84.	375	Engels	Ralf	TV Weiden	68	TM35	21.	00:11:51	00:42:57	00:27:37	01:22:25
85.	357	Köthe	Noël	SW Düren 99	74	HK M	36.	00:08:20	00:45:45	00:28:25	01:22:30
86.	336	Schaaf	Stefan	ATG-AC	77	HK M	37.	00:10:31	00:45:34	00:26:28	01:22:33
87.	432	Muschol	Ulli	SCB TRI Bütgenbach	54	TM50	5.	00:12:34	00:43:03	00:27:05	01:22:42
88.	427	Klinkenberg	Frank	DLC Aachen	46	TM55	3.	00:10:08	00:47:52	00:24:49	01:22:49
89.	415	Salterberg	Klaus	TV Hennef	53	TM50	6.	00:10:08	00:43:14	00:29:34	01:22:56
90.	294	Kramer	Stefan	DLC-Aachen	80	HK M	38.	00:08:38	00:43:16	00:31:11	01:23:05
91.	402	Kuck	Wolfgang	TV Obermaubach	55	TM45	7.	00:12:21	00:45:37	00:25:26	01:23:24
92.	331	Franzen	Markus	Aachen	76	HK M	39.	00:09:32	00:42:30	00:31:25	01:23:27

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93.	456	Crongen	Robert	Jülich	65	TM35	22.	00:14:14	00:44:20	00:24:55	01:23:29
94.	409	Weitner	Axel	Alsdorf	56	TM45	8.	00:11:44	00:44:11	00:27:36	01:23:31
95.	435	Kühl	Udo	LT Mythos Stolberg	65	TM35	23.	00:12:23	00:45:35	00:25:38	01:23:36
96.	425	Küssner	Bernd	Angerland LT Lintorf	54	TM50	7.	00:11:30	00:46:17	00:25:54	01:23:41
97.	365	Krings	Edgar	Roetgen	65	TM35	24.	00:12:13	00:45:08	00:26:25	01:23:46
98.	401	Vries	Jürgen	Aachen	58	TM45	9.	00:11:23	00:46:05	00:26:28	01:23:56
99.	459	Schwermer	Jan	Cool-Runners-Gescher	89	HK M	40.	00:00:00	00:55:38	00:28:27	01:24:05
100.	448	Rottmann	Jörg	DJK Rheinkraft Neuss	67	TM35	25.	00:10:26	00:48:09	00:25:31	01:24:06
101.	310	Gerhards	Otto	DLC Aachen	58	TM45	10.	00:10:59	00:41:36	00:31:38	01:24:13
102.	423	Eicker	Joachim	RC Musketier Wuppertal	57	TM45	11.	00:10:35	00:43:25	00:30:34	01:24:34
103.	329	Hansonis	Guido	TSG Frechen	74	HK M	41.	00:10:12	00:47:15	00:27:09	01:24:36
104.	347	Schlierf	Roland	Aachen	74	HK M	42.	00:10:51	00:46:35	00:27:32	01:24:58
105.	408	Joseph	Hans Ulrich	Köln	59	TM45	12.	00:12:35	00:45:51	00:26:35	01:25:01
106.	429	Redanz	Peter	Aachen	56	TM45	13.	00:10:45	00:44:23	00:30:09	01:25:17
107.	411	Böhmer	Wilhelm	Brander-SV	53	TM50	8.	00:10:42	00:43:05	00:31:52	01:25:39
108.	363	Behrendt	Maik	Bonn	69	TM35	26.	00:11:58	00:44:47	00:29:06	01:25:51
109.	390	Queins	Christoph	AC oh weh	65	TM35	27.	00:12:11	00:46:30	00:27:20	01:26:01
110.	426	Wolf-Schumann	Ulrich	Aachen	54	TM50	9.	00:10:47	00:44:17	00:30:59	01:26:03
111.	388	Breuer	Ulrich	Aachen	61	TM40	16.	00:10:22	00:42:45	00:32:59	01:26:06
112.	321	Bönsch	Karl	Berrendorf	43	TM60	2.	00:12:20	00:44:21	00:29:36	01:26:17
113.	397	Beccard	Rainer	Römerhof	63	TM40	17.	00:11:06	00:45:30	00:29:59	01:26:35
114.	412	Pinhammer	Hubert	MC Eschweiler	46	TM55	4.	00:13:31	00:46:40	00:26:33	01:26:44
115.	335	Kessel	Rene	ATG-AC	77	HK M	43.	00:11:52	00:44:10	00:30:43	01:26:45
116.	436	Klocke	Achim	Aachen	65	TM35	28.	00:11:09	00:47:15	00:28:42	01:27:06
117.	458	Schwermer	Peter	Cool-Runners-Gescher	61	TM40	18.	00:14:01	00:45:49	00:27:50	01:27:40
118.	318	Kaschke	Klaus	Eschweiler	43	TM60	3.	00:10:37	00:46:55	00:30:12	01:27:44
119.	414	Barth	Friedhelm	MC Eschweiler	59	TM45	14.	00:12:16	00:48:09	00:27:45	01:28:10
120.	323	Brunner	Ulrich	Köln	37	TM65	1.	00:13:47	00:46:54	00:27:40	01:28:21
121.	443	Joußen	Mario	BSG Team Cognex	75	HK M	44.	00:12:35	00:43:46	00:32:03	01:28:24
122.	322	Müller	Frank	Brander SV	44	TM60	4.	00:11:02	00:44:12	00:33:25	01:28:39
123.	431	Schmalen	Günter	JSV Baesweiler 09	57	TM45	15.	00:12:05	00:50:10	00:26:34	01:28:49

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124.	364	Duisberg	André	Aachen	68	TM35	29.	00:10:20	00:47:07	00:31:27	01:28:54
125.	434	Deters	Theodor	SC Barmen	47	TM55	5.	00:11:48	00:45:12	00:32:24	01:29:24
126.	399	Schmidt	Ralf	LC Spiridon Rureifel	50	TM50	10.	00:10:46	00:47:52	00:30:48	01:29:26
127.	387	Meyer	Claus	FC Cosmos Haas	66	TM35	30.	00:11:46	00:47:09	00:30:33	01:29:28
128.	367	Blumberg	Michael	Stolberg Schwimmverein	63	TM40	19.	00:09:44	00:46:36	00:33:16	01:29:36
129.	398	Valkenberg	Stefan	Aachen	67	TM35	31.	00:10:43	00:48:10	00:32:13	01:31:06
130.	361	Gilbert	Mark	Aachen/Canada	75	HK M	45.	00:10:41	00:51:51	00:28:54	01:31:26
131.	377	Dohmen	Norbert	Eschweiler	63	TM40	20.	00:12:26	00:47:29	00:31:33	01:31:28
132.	446	Dohmen	Franz	Eschweiler	66	TM35	32.	00:12:48	00:46:17	00:32:48	01:31:53
133.	319	Golke	Egon	MC Eschweiler	43	TM60	5.	00:14:14	00:48:38	00:29:15	01:32:07
134.	454	Kamp	Holger	Eschweiler	67	TM35	33.	00:14:04	00:48:15	00:29:49	01:32:08
135.	424	Hördemann	Karl-Wilhelm	SFC-Verlautenheide	56	TM45	16.	00:13:25	00:47:59	00:31:15	01:32:39
136.	442	Schützeichel	Guido	BSG Team Cognex	68	TM35	34.	00:09:44	00:46:36	00:37:09	01:33:29
137.	379	Schmitz	Hans-Georg	Aachener TC	65	TM35	35.	00:10:23	00:49:59	00:33:18	01:33:40
138.	471	Timmers	Volker	Aachen	70	HK M	46.	00:11:14	00:50:41	00:32:33	01:34:28
139.	450	Balsera-Albrun	Alberto	Baesweiler	62	TM40	21.	00:12:20	00:48:32	00:34:25	01:35:17
140.	325	Bordasch	Jan	Aachen	75	HK M	47.	00:10:55	00:55:31	00:29:17	01:35:43
141.	455	Courbiere	Renaud	Aachen	69	TM35	36.	00:14:03	00:52:34	00:29:43	01:36:20
142.	438	Nigl	Udo	Übach Palenberg	65	TM35	37.	00:12:46	00:52:50	00:30:55	01:36:31
143.	393	Moll	Wolfgang	MC Eschweiler	63	TM40	22.	00:00:00	00:00:00	01:36:33	01:36:33
144.	346	Kremer	Andreas	Aachen	73	HK M	48.	00:13:05	00:51:05	00:32:42	01:36:52
145.	374	Otten	Thomas	Köln	65	TM35	38.	00:10:10	00:50:57	00:35:59	01:37:06
146.	407	Rohde	Bernd	TV Hoffnungsthal 07	55	TM45	17.	00:12:03	00:46:24	00:38:46	01:37:13
147.	433	Endrikat	Klaus	ATG	39	TM65	2.	00:12:43	00:52:32	00:32:42	01:37:57
148.	430	Beltrami	Patrizio	Aachen	56	TM45	18.	00:12:54	00:52:32	00:32:35	01:38:01
149.	469	Werheid	Dieter	TV Huchem-Stammeln	50	TM50	11.	00:10:11	00:51:25	00:36:31	01:38:07
150.	420	Lilleike	Horst	Aachen	59	TM45	19.	00:12:32	00:56:18	00:33:02	01:41:52
151.	468	Schlösser	Heinz-Peter	Aldenhoven	59	TM45	20.	00:11:36	00:51:17	00:39:12	01:42:05
152.	410	Nellessen	Udo	Alsdorf	60	TM40	23.	00:13:10	00:53:45	00:36:15	01:43:10
153.	362	Salmre	Ivo	Aachen/USA	71	HK M	49.	00:11:47	01:05:44	00:28:09	01:45:40
154.	470	Portz	Hans	TV Huchem-Stammeln	51	TM50	12.	00:15:15	00:54:38	00:37:44	01:47:37



# 20. SC Delphin e.V. Triathlon

am 17. Juli 2004

Staffel-Triathlon

500 m / 20 km / 5,0 km

## ERGEBNISLISTE / Männer



155.	418	Kehlenbach	Rolf	Tri Sabero	47	TM55	6.	00:17:07	00:54:45	00:39:05	01:50:57
156.	384	Bierwald	Klaus	TG Bremsklotz	66	TM35	39.	00:12:24	00:53:06	00:49:13	01:54:43
157.	359	Nußbaum	Dieter	SW Düren 99	70	HK M	50.	00:11:44	01:03:02	00:43:58	01:58:44
158.	466	Zimmermann	Martin	Eschweiler	68	TM35	40.	00:12:13	01:03:53	00:48:31	02:04:37
159.	467	Wassermann	Dirk	Eschweiler	70	HK M	51.	00:17:35	01:05:00	00:42:04	02:04:39
160.	447	Jansen	Sebastian	Eschweiler	65	TM35	41.	00:18:51	01:06:06	00:45:57	02:10:54